

From: [REDACTED]
To: [FamiliesCommunities Committee](#)
Subject: Mental Health Amendment Act, 2007 Review – Written Submission
Date: Tuesday, February 23, 2016 5:20:27 AM

From [REDACTED], former victim of [REDACTED] Hospital due to a very bad head and neck work injury. Dr. [REDACTED] from WCB and Dr. [REDACTED] are psychopath who increased the amount of toxins in my body as well as in my brain. Also, they abused me in so many ways and aspects. Unfortunately, I will never fully recover from those evil actions which were taken against me by these 2 evil doctors. I hope and wish greatly that they r nobody's so-called "Family" Doctor which should be named "Personal" instead, but that's only an irrelevant personal opinion.

The Mental Health system is very good for many patients of mental disorder, but unfortunately extremely bad for a few very smart people whose been on top of their health and career especially if they experienced a "bad" head injury from working for an abusive employer with bad people working for WCB.

The system was a result of 44 years of Conservatives Power here in CRIMinAlBerta (with WCB) corruption and lots of abuse to victims like me. If it wasn't for our Wisdom and Religion (choices of activities), we would be dead by now because nobody likes to be a guinea pig because you feel not only Physically and Mentally exhausted, but also, most importantly Spiritually.

Hopefully, the New NDP Government will greatly improve and manipulate the system in a way to help only the vulnerable who need greatly help in Detoxifying the body as well as the brain instead of increasing the amount of chemical in a unbalanced mental state. Mental illness is quite often a result of one or many incurable Physical illnesses which are loading the body and the brain from lots of "metal" toxins in prescription drugs.

Finally, the only safe and extremely cheap way to avoid and cure mental disorders (which are metals toxins illnesses) is to, first, increase the quality of NUTRITION in our diet. Which means, eating food made with only one ingredient instead of a bunch of chemicals we can't even pronounce and we don't even know what it's made of. Also, following a 2-4 weeks detox diet (by drinking lots of "limonade" lemon juice, avoid gluten & milk & red meat as well as refined sugar and drinking a laxative tea first thing in the morning and before bedtime) with absolutely no drinking alcohol and no smoking. Doing so every 6-12 months is always beneficial. Furthermore, it is very important to EXERCISE with the best SUITABLE ACTIVITIES FOR not only the BODY, but equally important for the MIND & SPIRIT.

We don't need to be "rocket" Scientists to know and to understand that we should attack and remove the source of the problem instead of changing it, or else, it multiplies just the troubles and implications. And believe me, too many psychiatrists, pharmacists, police forces as well as many branches connected directly and indirectly with the Mental "Business" Illness (fastest-growing in HEALTH Industry in today's so-called "Modern" World) are making huge profits and "very good" living from that. At least, in their own perspective. Therefore, SOME VERY BAD Professional "PEOPLE" are looked and perceived as VERY GOOD, and unfortunately, VICE VERSA.

In conclusion, if we HELP in saving ourselves and eachother, we will definitely be able to

save our children. Prevention only with Education will certainly bring Success instead of illness, which is Big Business.

Sincerely Yours,

A black rectangular redaction box covering the signature of the sender.

(Feel Free to contact me for any questions or reasons)